



BEAVERS



Intro

It's horrible when someone's nasty to you at school, isn't it? People sometimes say and do mean things on the internet and their phones too.

It's important to know how to take care of yourself online, on your phone and when chatting.

This booklet shows you the best ways for you to stay safe.

**Tell a grown-up before
going on the computer.**



Stay safe on your computer

You might use a computer at home, at a friend's house or at school.

There are loads of exciting things you can try like playing games and talking to friends. Just like playing outside you need to make sure you are safe.



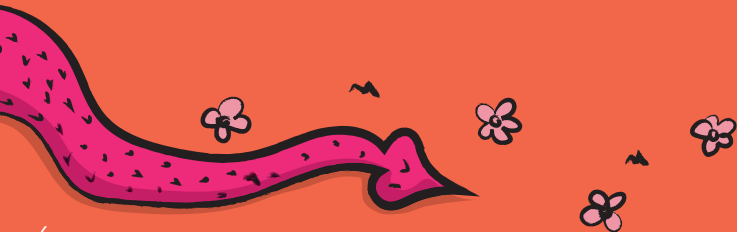


**Don't tell strangers where
you live or go to school.**

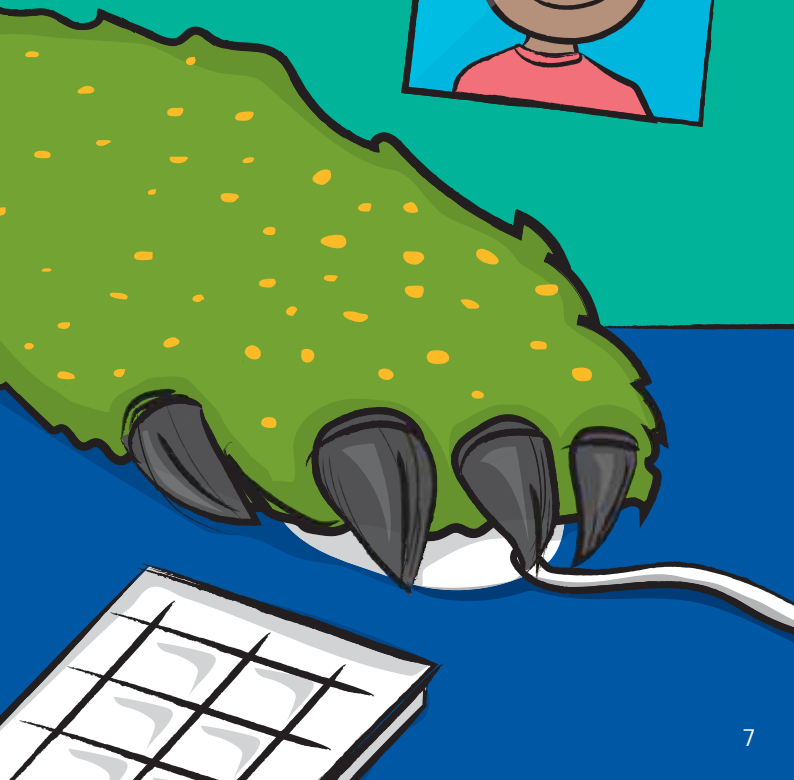
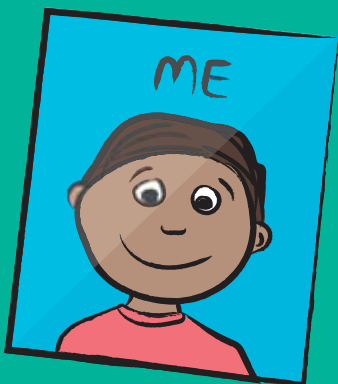
Stay safe from strangers

Making new friends is fun.

It's important to stay safe and make sure you don't share things that could put you in danger. Don't tell things about yourself to people you don't know.



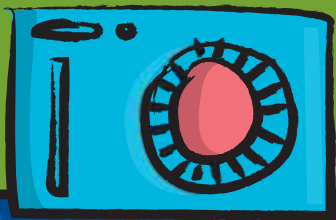
**Don't send
pictures
to people you
don't know.**



Stay safe with photos

If somebody asks for a photo of you, always tell an adult you trust.

Never send pictures to people you have not met.



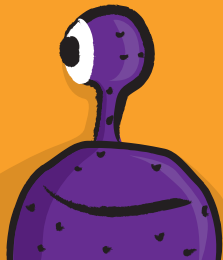


**Bullying makes people
feel sad. If you are being
bullied tell your mum, dad,
teacher or Beaver Leader.**

Stay safe from bullies

Bullying is never OK. Some bullies call people names. Others take people's things or get them into trouble. Bullying makes people feel sad and upset.

If you are being bullied or you know someone who is, don't keep it to yourself. You could tell a friend, your parents or a leader in your Colony.





Secrets like a surprise party can be great fun. But you should always tell someone secrets that make you feel sad.

Stay safe when chatting

Chatting can be great fun! It's very exciting to talk about a surprise party for someone and not tell them.

But you should always tell someone you trust about bad secrets that make you feel scared or unhappy so they can help you feel better.



If you see something you don't like, or feel scared or unhappy, tell a grown-up you know and trust.



Stay safe with games

Games on phones and tablets sometimes cost money. Ask the adult that has given you the phone or tablet, if you can play.



Need to talk?

If you need to speak to someone about something that you are worried about there are lots of people to choose from.

How about your parents, teacher or a leader at Beavers?

Not sure who to speak to?

Talk to Childline at Childline.org.uk
or call 0800 1111

Or find out more information
at thinkuknow.co.uk



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